

Belonging

Being

Becoming

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OSHC Newsletter

Welcome

We would like to welcome the newest member of our team – Anthony. Anthony is currently studying a Bachelor of Primary Education at Uni SA. He is working Monday and Wednesday afternoons so be sure to say hello!

Current Contact Information

It is crucial that we have current contact information for not only yourself but anyone listed as emergency contact or collection authority. We also need *current medical information* for your children to ensure we can provide the best possible care to them. If medical plans or medication is out of date care will be suspended until current documentation and medication is provided. To make any changes please speak to an OSHC educator.

Cancellations

Please ensure you book your children into OSHC so that educators know which children are attending each session. It is also very important that families let the service know if their child/ren will not be attending a session they are booked into to avoid any confusion. Cancellations can be made by phone call, text message, email or through an OSHC educator. Educators are not able to begin programmed activities until the safety of children is confirmed. If emergency contacts cannot be contacted then emergency procedures will be carried out.

Risk Assessments

Risk Assessments are prepared for all excursions, incursions and any general activities that we believe could come with a risk to students and educators. These Risk Assessments are located under our sign in desk and are available at all times for you to read.

Upcoming Vacation Care

Vacation Care Dates:

30th September – 11th October

CLOSED 7th October for Labour Day

The October program is almost ready to share with you! It will be going out this Wednesday the 21st of August. Don't forget to book in early to avoid disappointment. Cancellations for this vacation care can be made up until Friday the 20th of September (week 9). Any cancellations made after this time will be charged the full fee; unless a medical certificate can be provided.

School Closure Day

A reminder that OSHC will be **CLOSED** on the 2nd of September for the school closure day.

Vinnies Winter Appeal

There is still time to make a donation to the Vinnies Winter Appeal. The donation bins will be going at the end of August so pop in before them and drop off your goodies.



Christmas Closure

OSHC closure dates over the Christmas period will be from Monday 23rd December 2019 – Friday 3rd of January 2020 (inclusive).



Asthma Australia

During the school holidays we held a pyjama day and raised some money for Asthma Australia. Many of our friends at OSHC have Asthma and in Australia, 2.7 million people have it! That's 11% of our population! The funds raised went towards asthma research and education to support people who are living with asthma. Thank you to everyone who donated!

July Vacation Care Review

These holidays we were lucky enough to get to go on 4 excursions. We went to Ingle Farm Rec Centre and participated in a variety of team sports and roller-skating! It was great to see all of our children give roller-skating a go and so many of them had improved their skills since the last time we visited.



On a very wintery Thursday, we spent it inside at X-treme Inflatables. The children had so much fun getting to give the Terror-go-round and the different obstacle courses a go.



We went up to Mt Barker to watch The Secret Life of Pets 2 and on the last Friday we visited Tea Tree Gully Gym Sports where there was lots of running, jumping, climbing, tumbling and stretching going on.



Term 2 Program Review

In term 2 we enjoyed the wintery months by doing lots of indoor arts, crafts and cooking based around winter and explored what winter looks like in different places around the world. We also held the Biggest Morning Tea for the second year in a row and are very proud of money we raised for the Cancer Council.



Term 3 Program Outline

In Term 3, to keep working with our wider community, our term theme is Heroes. We are very excited to learn about the children's favourite fictional heroes and dig deeper into the everyday heroes in our community. For example, our parents and the men and women who help keep us safe like police officers, fire fighters and paramedics. We will explore these heroes through arts and crafts and also several different activities throughout the term like writing letters of appreciation to our local fire, police and ambulance stations. We are looking forward to learning more about our local community with each and every one of you!

Thanks,
Mikayla Cammarere
Educational Leader 😊

Recipe Collection

Zoodles Bolognese

These were a big hit for afternoon tea! Many children were not enthusiastic to give this a go at first but once they did, they agreed it was delicious!

Ingredients

Bolognese Sauce

2 table spoons olive Oil
1 onion, finely chopped
500g 5 star mince beef
2 carrots, finely chopped
2 sticks of celery, finely chopped
2 table spoons Mixed dried herbs
2 jars of Mutti Sugo Pasta Sauce with Basil
2 jars of Mutti Passata with Basil
Salt & Pepper to taste
Dried mixed herbs
Grated parmesan cheese

Zoodles

4 Zucchini's, washed
Olive Oil
Salt

Method for Bolognese Sauce

Gently fry the onion in a large saucepan with the olive oil. Add the carrots and celery and cook until almost soft. Then add the mince, passata, Sugo sauce, mixed herbs and salt & pepper and bring to the boil. Reduce to a simmer and let cook for approximately 2 hours or until sauce is nice and thick.

Method for Zoodles

If using a peeler make long peels along the length of the Zucchini. Keep peeling until you've used up as much of the zucchini as you can and you have a nice pile of zoodles!

If using a spiralizer simply follow the directions for your spiralizer.

Next, simply sauté your zoodles in a saucepan until tender. Sprinkle with salt and pepper and serve with the Bolognese sauce and grated parmesan cheese!

